

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6	Sunday 7
SALTASH PATTERNS IVYBRIDGE SPARRING	COOMBE DEAN PRE-SPARRING HELES LINEWORK KICKBOXING	TAMARSIDE SPARRING KICKBOXING	LIPSON PRE-SPARRING DEVONPORT BLACK BELT TRAINING PRINCE ROCK KICKBOXING	DERRIFORD LINEWORK	COOMBE DEAN PATTERNS	HELES SPARRING DEVONSHIRE CLOSED
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
SALTASH SPARRING IVYBRIDGE LINEWORK	COOMBE DEAN PATTERNS HELES PRE-SPARRING KICKBOXING	TAMARSIDE LINEWORK ADULT CLASS: 2ND KUP & ABOVE TRAINING KICKBOXING	LIPSON PATTERNS PRINCE ROCK KICKBOXING	DERRIFORD PRE-SPARRING	COOMBE DEAN SPARRING	HELES PATTERNS DEVONSHIRE BUDDY NIGHT
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
SALTASH LINEWORK IVYBRIDGE PRE-SPARRING	COOMBE DEAN CLOSED HELES PATTERNS KICKBOXING	TAMARSIDE PRESPARRING KICKBOXING	LIPSON SPARRING PRINCE ROCK KICKBOXING	DERRIFORD PATTERNS ADULT CLASS: 2ND KUP & ABOVE TRAINING	COOMBE DEAN LINEWORK	HELES PRE-SPARRING DEVONSHIRE PATTERNS
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
SALTASH PRESPARRING IVYBRIDGE PATTERNS	COOMBE DEAN LINEWORK HELES SPARRING KICKBOXING	TAMARSIDE PATTERNS KICKBOXING	LIPSON CLOSED BLACK BELT TRAINING TOTNES 8-9PM PRINCE ROCK KICKBOXING	DERRIFORD SPARRING	COOMBE DEAN LITTLE DRAGON GRADING PRE-GRADING	HELES LINEWORK DEVONSHIRE BO STAFF TRAINING

**4TH FEB – BLACK BELT TRAINING
AT DEVONPORT
7.30-8.30PM**

**7TH – ALL CLASSES AT THE
DEVONSHIRE
CANCELLED**

**10TH FEB – 2ND KUP & ABOVE
TRAINING AT TAMARSIDE
7.15 – 8.00PM
NO ADULT CLASS**

**14TH FEB – BUDDY NIGHT
AT THE DEVONSHIRE
LIL' DRAGONS 5.00-5.35PM
EVRYONE ELSE 6.00-7.00PM**

**16TH FEB – ALL CLASSES AT
COOMBE DEAN CANCELLED**

**19TH FEB – 2ND KUP & ABOVE
TRAINING AT DERRIFORD
7.00-8.00PM
NO ADULT CLASS**

**25TH FEB – ALL CLASSES AT
LIPSON CANCELLED**

**25TH FEB – BLACK BELT
TRAINING AT TOTNES
8.00-9.00PM**

**27TH FEB – LIL' DRAGONS
GRADING
NO CLASSES AT COOMBE DEAN**

**27TH FEB – PRE-GRADING
TIMES TBC**

**28TH FEB – BO STAFF TRAINING
AT THE DEVONSHIRE 6.00-7.00PM**



February 2010